

■ Jayden Ethnic Market

3-Day Cultural Travel & Exchange Experience

Theme: 'Taste. Learn. Connect.'

Day 1 – Flavours & Traditions

- Morning: Welcome breakfast with ethnic delicacies (akara & pap, Caribbean patties, plantain).
- Late Morning: Market Immersion Tour – guided visit to Jayden Ethnic Market; learn about African/Caribbean/Asian staples.
- Afternoon: Cooking Workshop – Nigerian jollof rice or Jamaican jerk chicken with a guest chef.
- Evening: Cultural storytelling & music (African drumming / Caribbean steelpan).

Day 2 – Arts & Heritage

- Morning: Trip to a cultural hub (e.g., Brixton in London OR Manchester's Curry Mile).
- Late Morning: Art & Craft Workshop – African bead-making, Indian mehndi, or Caribbean fabric tie-dye.
- Afternoon: Visit a local museum/gallery (e.g., Black Cultural Archives, London).
- Evening: Cultural dinner with dance, poetry, and traditional attire showcase.

Day 3 – Cultural Exchange & Celebration

- Morning: Panel discussion: 'Unity in Diversity' – interactive session with community leaders/youth.
- Afternoon: Food & Culture Festival – participants showcase food & crafts with tasting stalls.
- Evening: Closing Gala – certificates, networking, music, and dance (Afrobeat, Reggae, Bollywood mix).

■ Estimated Cost Per Person (UK-based trip)

Item	Cost
Accommodation (2 nights shared)	£120
Meals & workshops	£90
Transport (local travel/tour bus)	£60
Activities, facilitators & materials	£80
Total	£350

■ Target Audience

- Schools & Colleges (student exchange trips)
- Churches & Community Groups
- Families wanting cultural experiences
- Tourists interested in ethnic integration

■ Jayden Ethnic Market – Taste the World Tours ■